



October Menu 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Bean w/ Bacon Soup Sloppy Joe on Bun Romaine Toss Salad Apricots Cookie</p>	<p>2 Beef Stew Wheat Bread Spinach Salad Peaches Apple Pie</p>	<p>3 Pork Loin Boiled Red Potato Au Gratin Cabbage Marble Rye Bread Cake</p>	<p>4 Tuna Casserole Peas & Carrots 100% Fruit Juice Bran Muffin Turnover</p>	<p>5 Dijon Chicken Scalloped Potatoes Green Beans Fruit Cocktail Wheat Bread Ice Cream Sandwich</p>
<p>9 Poor man's Lobster Red Potatoes Peas Wheat Dinner Roll Peaches Tapioca</p>	<p>10 Roast Beef Cheesy Mash Potatoes Glazed Carrots 7-Grain Bread Pears Oatmeal Raisin Bar</p>	<p>11 Ham & Cheese Chowder Toss Salad Saltines Banana Pumpkin Apple Muffin</p>	<p>12 Shepard's Pie Spinach Salad Italian Green Beans Mixed Fruit Cookie Bar</p>	<p>13 Pork Cutlet California Blend Vegetables Applesauce 7 Grain Bread Ice Cream</p>
<p>16 Minestrone Soup Meatball Sandwich Vegetable Salad Spiced Pears Cookie</p>	<p>17 Mushroom Steak/Gravy Mashed Potatoes Garden Blend Vegetables Peaches Bread Pudding</p>	<p>18 Turkey A La King over Brown Rice Winter Blend Vegetables Wheat Bread Apricots Molasses Cookies</p>	<p>19 Lasagna Romaine Salad Pears Garlic Bread Stick Sherbet</p>	<p>20 Chicken w/Gravy Mashed Potatoes Beets Whole Wheat Bread Ambrosia</p>
<p>23 Potato Leek Soup Ham & Swiss on Rye Bread Mandarin Oranges Chocolate Cake</p>	<p>24 Swedish Meatballs Mashed Potatoes Cucumber Salad Wheat Dinner Roll Apple</p>	<p>25 Roasted Herb Chicken Rice/Lentil Casserole Green Beans Multi-Grain Bread Clementine Orange Jell-O</p>	<p>26 Stuffed Shells w/ Sauce Spinach Fruit Cocktail Cheese Bread Pumpkin Bars</p>	<p>27 Breaded Fish Sandwich Au Gratin Potatoes Red Cabbage Coleslaw Cherry Pie</p>
<p>30 Swiss Steak Mashed Potatoes WI Blend Vegetables Cantaloupe Wheat Bread Oatmeal Date Bar</p>	<p>31 Pumpkin Soup Shredded Pork Sandwich Coleslaw Mixed Fruit Cup Cookie</p>			

