

January Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Adult Day Center CLOSED Happy New Year	2 Spaghetti Sauce Meatballs Romaine Salad Bread Cake	3 Sliced Ham Sweet Potatoes Corn Muffin Pineapple	4 Beef Stroganoff Noodles Calif. Vegetables Juice Bread, Fruit Salad
7 Bean & Bacon Soup Saltine Crackers Sloppy Joe on Bun Vegetable Salad Apricots Cookie	8 Beef Stew Biscuit Cole Slaw Peaches Fruit Crisp	9 Pork Loin Red Potatoes Mixed Vegetables Bread Cup Cake	10 Tuna Casserole Peas & Carrots Fruit Juice Muffin Turnover	11 Dijon Chicken Scalloped Potatoes Green Beans Fruit Cocktail Bread Ice Cream Sandwich
14 Fish Red Potatoes Peas Dinner Roll Peaches Tapioca	15 Roast Beef Cheesy Mashed Potatoes Glazed Carrots Bread Pears Oatmeal Raisin Bar	16 Sheppard's Pie Spinach Salad Italian Green Beans Mixed Fruit Cookie	17 Pork Cutlet Calif. Blend Veg. Applesauce Bread Ice Cream	18 Minestrone Soup Saltine Crackers Meatball Sandwich on Bun Vegetable Salad Spiced Pears Cookie
21 Adult Day Center CLOSED Martin Luther King Jr. Day	22 Turkey Ala King Brown Rice Winter Blend Veg. Bread Apricots Cookie	23 Lasagna Romaine Salad Pears Garlic Toast Sherbet	24 Chicken Mashed Potatoes Gravy Beets Bread Ambrosia	25 Potato Leek Soup Saltine Crackers Turkey Sandwich Cheddar Cheese Lettuce, Tomato Bread Mandarin Oranges Chocolate Cake
28 Swedish Meatballs Mashed Potatoes Cucumber Salad Dinner Roll Apple Slices	29 Roasted Chicken Brown Rice Green Beans Bread Tropical Fruit Angel Food Cake	30 Stuffed Shells with Sauce Spinach Fruit Cocktail Cheese Bread Pumpkin Bar	31 Breaded Fish Sandwich on Bun Au gratin Potatoes Red Cabbage Cole Slaw Cherry Pie	

